

January

SECONDARY
BREAKFAST



got milk?

Eat Smart
to Play Hard



Drink milk
at meals

Milk Served Daily

- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk



Available Daily for Lunch

- PB & J Sandwich
- Deli Sandwich
- Yogurt Bundles
- Garden Bar

Menus Subject to Change

This institution is an equal opportunity provider.

Mon	Tues	Wed	Thurs	Fri
<p>DAIRY</p>			3 Biscuit & Gravy or Cereal & Toast	4 Muffin & Toast or Cereal & Toast
7 Burrito & Toast or Cereal & Toast	8 Breakfast Sandwich or Cereal & Toast	9 Waffles & Toast or Cereal & Toast	10 Biscuit & Gravy or Cereal & Toast	11 Cinnamon Roll & Toast or Cereal & Toast
14 Egg Casserole & Toast or Cereal & Toast	15 Breakfast Sandwich or Cereal & Toast	16 French Toast Sticks or Cereal & Toast	17 Biscuit & Gravy or Cereal & Toast	18 No School
21 No School	22 Breakfast Sandwich or Cereal & Toast	23 Mini Pancakes & Toast or Cereal & Toast	24 Biscuit & Gravy or Cereal & Toast	25 Pancake Sausage Stick or Cereal & Toast
28 Scrambled Eggs & Toast or Cereal & Toast	29 Chicken Biscuit or Cereal & Toast	30 Pancake Sausage Stick or Cereal & Toast	31 Biscuit & Gravy or Cereal & Toast	Feb 1 Long John Donut & Toast or Cereal & Toast

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Mon	Tues	Wed	Thurs	Fri
<p>DAIRY</p>			3 Spicy or Crispy Chicken Sandwich or Hot Dog	4 Choice of Pizza or Fish Sticks w/Mac & Cheese
7 Chicken Smackers w/Bread Item or Taco Soup w/Grilled Cheese	8 French Bread Garlic Pizza or BBQ Rib Sandwich	9 Mexican Bar or Sub Sandwich	10 Spicy or Crispy Chicken Sandwich or Philly Cheese Sandwich	11 Choice of Pizza or General Tso's Chicken w/Rice
14 Chicken Tenders w/Bread Item or Broccoli Cheddar Soup w/Wrap	15 Tornados or Pretzel & Cheese	16 Chilli w/Cinnamon Roll or Hamburger or Cheeseburger	17 Spicy or Crispy Chicken Sandwich or Mini Corn Dogs	18 No School
21 No School	22 Spicy or BBQ Chicken Wings or White Chicken Chili	23 Spaghetti & Meat Sauce w/Garlic Toast or Fish Sandwich	24 Spicy or Crispy Chicken Sandwich or Little Smokies w/Bread Item	25 Choice of Pizza or Chicken Noodle Soup w/Grilled Cheese
28 Chicken Fajitas or Hamburger or Cheeseburger	29 Pepperoni Bosco Breadsticks or Tuna Casserole	30 Taco Crunch or Corn Dog	31 Spicy or Crispy Chicken Sandwich or Sampler Platter Toasted Ravioli/Mozzarella Sticks & Garlic Toast	Feb 1 Choice of Pizza or Biscuit & Gravy